



## Healthy Habits

We ask that all members of the PA community commit to remaining at home if any signs of illness are present—including but not limited to fever, chills, cough, shortness of breath, difficulty breathing, fatigue, muscle aches, headache, loss of taste or smell, sore throat, congestion, nausea, vomiting, and diarrhea.

We will continue to encourage and enforce limited contact and spacing best practices. Faculty are encouraged to take classes outdoors when deemed appropriate.

Students, faculty, and staff will also commit to practicing good hygiene, including:

- Wearing required face coverings when indoors at all times, with the exception of meals.
- Thorough hand washing.
- Hand-sanitizing stations will be set up throughout campus. Students, faculty, and staff are also encouraged to carry their own hand sanitizers and should frequently clean personal cell phones and devices.
- Students should bring reusable water bottles daily. Refill stations are available.
- Cover coughs and sneezes with a tissue and immediately throw away tissue and wash your hands. If tissue is not available, cover coughs and sneeze into the elbow.
- Children should be screened daily at home before arrival on campus for COVID-19 related symptoms.